

PRAYER & MEDITATION

Sundays 7pm

We pray for one another. Read inspiring writing of another. Meditate in silence. This is a great source of healing also.



Location

*Braman Foundation of Charities
Rectory
18 Davies Pl., Poughkeepsie, NY 12602*

B.F.C. Statement of Purpose

Braman Foundation Of Charities, B.F.C., was formed in 1997 as a foundation to help support and uplift humanity. It is a 501(c) (3) a non-profit organization. We believe only in truly helping our fellow man. As Christ stated in Matthew 22:39, "You shall love your neighbor as yourself." B.F.C. only wishes to encourage this love and hopes that God will continue to express his love through B.F.C.

Our mission is carried through the direction of God's grace. We have tried to abandon our ego-self and allow God to work through us. In the Gospel of St. Matthew 25:36, "I was in prison and You came to me," really has called us to this ministry. Millions of persons today continue to suffer addictive behavior, depressed moods and behavioral problems which lead to destructive lifestyles. Our sole purpose is to provide an avenue in which God can use us through these principles to raise others from their myriad of difficulty.

Let us always remember that we are children of one God regardless of gender, race or creed, and that God does and will express in and through us all. Christ is our example. May we come to understand His divine love.

We thank you so much for taking the time to review our programs. Our contact information is listed below. We encourage your response.

Always in divine friendship.



Braman

Foundation of Charities

Community Programs

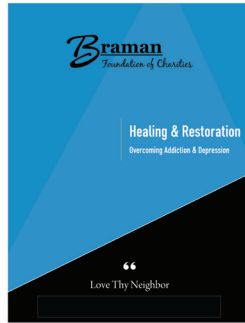
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God Bless You

The Braman Foundation through BIHL has established several community programs that have been developed to help certain segments of society. BFC tries to keep its service consistent with times and dates. Most meetings are small, informal and intimate.

Recovery

Healing & Restoration

Mondays 7pm



Healing and Restoration uses several recovery tools to overcome all types of addictive and depressive disorders. The 12 Step Method, Affirmative Prayer, Cognitive Behavior, Meditation and Nutrition.

“Therefore go and make disciples of all nations, baptizing them in the name of the Father and of the Son and of the Holy Spirit, and teaching them to obey everything I have commanded you. And surely I am with you always, to the very end of the age.”

Matthew 28:19-20

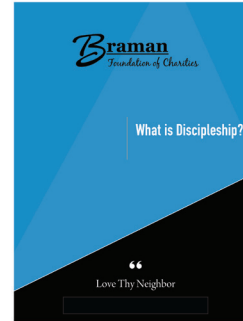
Growing In Your Relationship

with Christ

What is Discipleship?

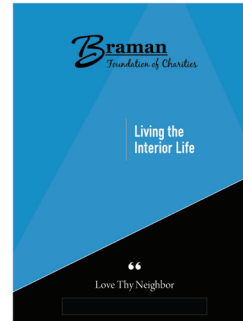
Tuesdays 7pm

Basic Christian principles of salvation are taught.



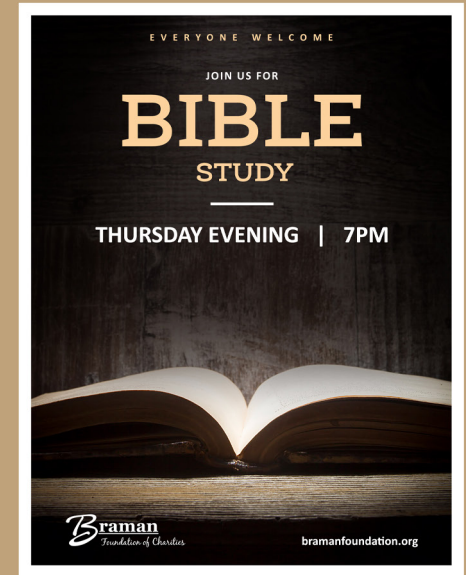
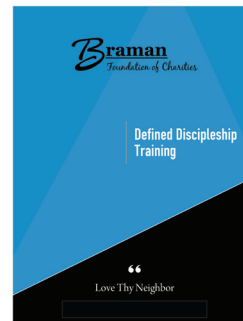
Living the Interior Life

In this program we focus on Love, Growing in a relationship with The Christ in you.



Defined Discipleship Training

More advanced methods of sanctification are taught as well as 8 studies of Fathers of Faith gone by through the years.



Bible Study

Thursdays 7pm

We believe people discover their true purpose and identity by knowing God through His Word. Here we study the Holy Scripture and pray for one another.

In-depth Bible studies in community for people of all ages.

